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10

| Table 1. Demographic characteristics of the study population | |
|--|-------------|
| Age (years) | Mean (SD) |
| Male | 55.2 (10.5) |
| Female | 56.8 (11.2) |
| Marital status | |
| Married | 78.5% |
| Single | 21.5% |
| Education level | |
| High school or above | 65.2% |
| Below high school | 34.8% |
| Occupation | |
| White collar | 45.1% |
| Blue collar | 54.9% |
| Income (USD/month) | |
| < 1000 | 12.3% |
| 1000-2000 | 35.7% |
| 2000-3000 | 28.9% |
| > 3000 | 23.1% |
| Health insurance | |
| Yes | 89.4% |
| No | 10.6% |
| Comorbidities | |
| Hypertension | 42.1% |
| Diabetes | 18.5% |
| Cholesterol | 31.2% |
| Smoking status | |
| Current smoker | 15.3% |
| Former smoker | 22.7% |
| Non-smoker | 62.0% |